

Baghban Social Wing Consent for Membership

Name

Age

Ph #

Blood Group

Father's Name

I bear witness that I will not associate any partners with Allah. I will follow Allah and his Messenger and I will try to abide by the worships. I will try to keep away from same full activities and major sins. I will always seek guidance and help from Allah, and Allah alone. I will try to listen to my conscious and inner soul while taking my decisions. I will try to thank Allah in all humility at every moment and will avoid arrogance.

Education as my prime objective I will concentrate honesty along with activities for the well being and I will seek help in such respect from my human fellows. I do believe in Allah and my hard work and I do believe in the activities of truth and well being, and I also believe that human hard work is never wasted.

I will try to improve my attitude and try to cooperative. I will try to win other's heart through forgiveness. Every day of my life I will seek guidance from Allah in day time and while before sleeping, I will try to think before doing any thing. I will accept my short comings and sins and I will ask for forgiveness from Allah and I will try to stay away from such sins further. In order to make my Creator, Allah almighty happy I will take out half an hour for the social well fair activities.

I will try to stay away from all kinds of intoxicants, like drinking and smoking etc and I will tell others to stay away from these abominations as well, rather I will try to encourage and participate in healthy activities. I will also avoid from useless disputes and use of bad word and offensive language. I will not let ego and arrogance come close to myself as they make human, devil while Allah is with those who are patience and forgiving. I will enjoin righteous activities and forbid from the evil ones.

I do agree that I will not waste my time and energies like others may do, but I will consistently and continuously work hard consciously.

I will forgive those who disrupt and will never despise or take extreme revenge, for a person burns in the fire of revenge himself, while those who forgive feel comfort and console in their hearts and Allah is with them as well, where as if you do hatred you get hatred in response.

I will give priority to learn from others and to teach others any thing that I can, I will always come forward for activities pertaining to the well being of my family, relatives, neighbors or for the society, whether they are practical or ideological.

I promise to agree in the policy of giving first and then taking, rather than taking something first and then giving back, along with all the activities of well being I become the member of Baghban Social wing, and I will agree and follow the policies of the organization to work with other companions. I will not make use of Baghban for any ethnic group or political purposes. I do provide my assent of following the above mentioned activities and I seek help from Allah for completing these successfully.

1. I will try to donate blood once in a year and in tragic situations a part from this.
2. I will be ready for the cleanliness of the city any time.
3. I will try and cooperate in organizing activities as well.

Father's Signature-----

Member's Signature-----

BAGHBAN is an NGO that is involved in the social well fair activities, Baghban social wing is a branch of this NGO, that wants to work in regards with ideological and practical awareness of people. After contemplation for a long time we have reached the conclusion that rise and fall for an individual or a society depends upon two major factors:

- 1) Thinking Patterns &
- 2) Habits/Practices

Thinking Pattern & Practices: If the practices of a person are negative, then no matter how much capabilities he has, it can never bring positive consequences, but if a person thinks positively and then acts accordingly it will bring the right fruit.

Baghban Social wing is concerned with the guidance of the society and its prime concern is youth, the organization wants to manage and systematize people of the society involving their cooperation in practical terms. The main focus is on:

- 1) To provide awareness of the factors that lead to negative thinking.
- 2) To provide guidance about how to overcome such factors.
- 3) The practical implementation of it in our daily lives.
- 4) It's the thinking that leads to actions which then become habits, so the organization intends to the establishment of complete course that is part of education regarding the improvements in practical implementation.
- 5) To fulfill the above, Divine guidance will be utilized for teaching morality that will be checked on daily bases.

Thinking Pattern Positive or Negative:

How can we say that whether thinking is positive or negative, for this we need to understand how human brain works?

When ever we are confronted with any situation, then are many ideas and hopes that prop up in front of us in response to that, which are usually reactive and are not based upon any solid thinking, but with the passage of time as we start to think about the matter cool and calmly better solutions tend to emerge, but if we were to make decisions abruptly on the issue consequences could be different, so actions that are usually taken in response to certain things don't bring positive results. Therefore we reach to the conclusion that actions that are taken after proactive rather reactive thinking bring constructive elucidation. Try to focus on the following:

- 1) Think before you act, not just act and then think.
- 2) For improvements think even after your actions.
- 3) Don't hurry rather take decisions aptly, because hasten is a characteristic of devil
- 4) Try to order and manage things and make decisions accordingly.
- 5) Iblees abrupt response to Allah is a reflection of negative thinking.
- 6) If you keep your self away from negative thinking then ultimately positive thinking will emerge

- 7) Think of your thinking pattern on daily bases.

What is habit?

When we take an action, that may be at times our reaction and we keep on doing it, it becomes our habit, and after that it becomes a part of our personality, then there comes a time when even we want to leave it but yet we commit it, this is because its our habit and if has become part of your personality then it will also become your destiny, so Baghban intends to enlighten people about the factors that are responsible for our bad habits and how to control them. We need to make a list of our habits initially and then decide which of them are positive and which are negative, for this we have to focus on our complete day activities, starting from when we wake up in the morning till we go asleep at night, we need to analyze them all to manage and categorize them.

How to adopt positive way of thinking?

1. Have a focus on your vocation and consider it as your responsibility
2. Be cooperative
3. Work a little harder
4. Work with courage and enthusiasm
5. Be confident
6. Try to control your emotions
7. Think this way that with every difficulty there is an ease as well.
8. Try to get into habit of worship and seek help from Allah.

List of Points

Make a list for twelve in which you have to see that you follow the following 100%

- 1) Think of intellect as a treasure, learn lessons from your experiences, do plan and analyze, be enthusiastic, think positive at the time of trouble and do it.
- 2) Have the strength of faith, and your faith should also be applied that should make you work, while unaccompanied think of your self and take time to think about yourself.
- 3) Make a list of your difficulties and dislikes, then search and look for their reasons, and after that make a strategy of how to get rid of it.
- 4) Start with positive thinking, take the veil off your shortcomings, talk about other people qualities, and try to make them as part of life.
- 5) Tensions are of two types a) Which can be controlled b) Which cannot be controlled, so make your self flexible and adopt yourself according to the circumstances, learn to sacrifice, and learn when to speak and when to be quite
- 6) Make an appropriate choice of words while speaking, because this will be a reflection of your personality, use suitable body language.

- 7) Get a control of your anger, if you don't then you may lose your self, so you have to have a control of your anger and words. Have an eye upon your thinking, because anger is the biggest human enemy.
- 8) Have a belief that you will always get a fruit of your effort, but a little more effort, make a use of the available resources, try to do your work with perfection

- Have a clear vision
- Do consult with brilliant brains for the completion of your vision
- Have an applied faith

9) An Attractive Personality

- Think positive
- Be flexible
- Be controlled
- Have an attitude of servitude
- Be soft heart, wise and forgiving and believing in others

10) Try to work with perfection

- Do more for less and with efficiency
- Be confident about your capabilities not arrogant
- Try to make good contacts and broaden your spectrum of network
- These things will lead you to relieve from negative thinking, towards peace and harmony.

11) Take initiatives, this will make our way easy

12) Get control of your self, avoid hatred, envy, revenge, fear, greed, jealousy and other such emotions.

13) If you are struck with a problem do takes help and guidance from other people and don't shy, and don't forget the remembrance of Allah almighty and seeking help from him.

14) It is with your zeal and courage that you can unify people

15) Difficulties are many a time are a consequence of certain factors that we don't think of but we still have to face them, and in response to those we tend to make rapid and wrong decisions, what we need to focus is that this universe is base on certain principles that it has to follow, so think of finding in the ease in the difficulties that you don't have control over.

16) Make a budget of your time and money

17) Be concerned of your health and take proper diet that is good for your brain.

18) Avoid from bad company and follow the Devine principles.